## FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFI	CIAL
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**OWNERSHIP** 

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Snyder Steven T.															(Check	all app Dired	olicable)	Person(s) to Issuer  10% Owner  Other (specify	
(Last) 845 BER SUITE 20	KSHIRE B	,	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 01/03/2020										X	belo	svp, c	below)  Corp Dev	
(Street) WYOMI (City)	SSING PA		19610 Zip)		4. If Ar	mendr	ment,	Date of	f Original Filed (Month/Day/Year)						6. Indiv Line) X	vidual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person			
		Tabl	e I - No	n-Deriva	ative S	ecu	rities	s Acq	uired,	Dis	posed o	f, o	r Ben	efic	ially	Owne	ed		
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				and Seco Ben Owr		icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
						Code	v	Amount		(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)			
Common Stock <sup>(1)</sup>			01/03/	01/03/2020				A		12,795	5	A	\$ <mark>0</mark>		466,234		D		
Common	Stock			01/03/	2020				F		5,564		D	\$4	2.73	4	60,670	D	
Common	Stock <sup>(2)</sup>			01/03/	2020				A		70,000	)	A	:	\$ <mark>0</mark>	5	30,670	D	
Common	ommon Stock 01/03/2			2020			F		30,438		D	\$42.73		500,232		D			
Common	n Stock 01/03/			01/03/	2020				F 2,537 D \$		\$4	2.73	497,695		D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deem Execution if any (Month/Da	Date,	1. Fransacti Code (Ins 3)	on str.	of I		6. Date E Expiratio (Month/D	n Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			Deri Seci (Inst	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
			Expiration	Title	or Nur of	nber	1												

## **Explanation of Responses:**

- 1. Represents receipt of dividends related to performance-based restricted stock that accrued during the applicable performance period on the shares earned and paid on January 3, 2020.
- 2. Reflects performance-based restricted stock earned and paid on January 3, 2020. The award had a performance period beginning on January 3, 2017 and ending December 31, 2019. The shares which vested at the end of the performance period was based upon the Company's three-year total shareholder return ranking among the three-year return of the companies included in the MSCI US REIT Index and Triple-Net REIT peers

## Remarks:

/s/Steven T. Snyder

01/06/2020

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.